



Hole Distances

	1	2	3	4	5	6	7	8	9	Total
Distance	135	270	225	165	252	222	210	300	195	1974

Disc Golf Instructions

The object of the game is to play the entire course in the fewest number of throws of a disc.

- Do not throw until other park visitors are safely out of range.
- Begin playing each hole by teeing off from the concrete tee pad, and release your throw with both feet behind the edge of the concrete pad.
- All other throws are made from the front edge of where your disc comes to rest.
- Players in groups throw one at a time. The player whose disc is farthest from the basket throws next.
- To complete the hole, the disc must come to rest in the basket or chains.

Disc Golf Rules You Should Know

- A player may not break, bend, or hold back any part of a tree or vegetation in order to make room for their throwing motion or their path to the basket. The rules require you to take the "least invasive" stance behind your disc.
- Littering (including cigarette butts) is a courtesy violation and a 1-stroke penalty.

For more details on disc golf rules, refer to the Professional Disc Golf Association at pdga.com.

Park Rules

- Grounds are open from sunrise to sunset.
- Use the paths where possible to reduce erosion.
- Help protect the park by not harming the vegetation.
- No alcohol is allowed on grounds.
- No smoking on grounds.
- No unauthorized motorized vehicles on trails or in park areas.
- Be courteous to other park visitors.

If you have questions or concerns, please contact the Coomes Recreation Center (276) 623-5279

For updated course information visit:
coomescenter.com

