

2022 Summer Swim Classes- Coomes Recreation Center

Classes will be limited to the first 6 students enrolled with the exception of the Parent and Child swimming lessons which will take 10 students.

To enroll, you must sign up the student and pay to have a spot held.

Parent and Child Aquatics familiarizes young children (from ages 6 months to 3 years) to the water and prepares them to learn to swim in the American Red Cross Preschool Aquatics or Learn- to- Swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own. Parent and Child Aquatics gives parents safety information and teaches techniques to help orient their children to the water. It also provides direction regarding how to supervise water activities in a responsible manner. These courses are a bonding experience that will fill instructor, parents, and children with wonderful lifelong memories

Learn-to- Swim teaches aquatic and personal water safety skills in a logical progression. It consists of 6 levels. Participants in Level 1 are oriented to the aquatic environment and gain some basic skills in each category. Throughout the levels, participants build on their basic skills to learn various propulsive movements on the front, back and side. As the levels increase, participants learn to refine the different strokes and build endurance. Each level includes exit skills assessments that put together many of the skills learned in the level.

The swim lesson schedule is based upon the needs and requests from the community. The only time classes will be changed or added to the schedule will be as a result of canceling a scheduled class. If this results, all enrolled will be contacted.

**REGISTRATION FOR SUMMER SWIM
LESSONS WILL BEGIN ON May 2, 2022**

2022 Summer Swim Classes- Coomes Recreation Center

DAY SESSIONS: Monday - Thursday

Session 1: June 6 – June 16

[8 Classes] Fee: \$40.00 member \$60.00 non-member

1:00 PM to 1:30 PM

1. Learn to Swim Level 1 Ages 4-6
2. Learn to Swim Level 1 Ages 7-9

1:45 PM to 2:15 PM

1. Learn to Swim Level 1 Ages 4-6
2. Learn to Swim Level 1 Ages 7-9

Session 2: June 20 – June 30

[8 Classes] Fee: \$40.00 member \$60.00 non-member

1:00 PM to 1:30 PM

1. Learn to Swim Level 1 Ages 4-6
2. Learn to Swim Level 1 Ages 7-9

1:45 PM to 2:15 PM

1. Learn to Swim Level 2 Ages 4-6
2. Learn to Swim Level 2 Ages 7-9

Session 3: July 11 – July 21

[8 Classes] Fee: \$40.00 member \$60.00 non-member

1:00 PM to 1:30 PM

1. Parent and Child Ages 6 months -3
2. Learn to Swim Level 1 Age 4-6

1:45 PM to 2:15 PM

1. Learn to Swim Level 1 Ages 4-6
2. Learn to Swim Level 1 Ages 4-6

Session 4: July 25 – August 4

[8 Classes] Fee: \$40.00 member \$60.00 non-member

1:00 PM to 1:30 PM

1. Learn to Swim Level 1 Ages 4-6
2. Learn to Swim Level 2 Ages 4-6

1:45 PM to 2:15 PM

1. Learn to Swim Level 1 Ages 7-9
2. Learn to Swim Level 2 Ages 7-9

EVENING SESSIONS: Monday and Wednesday

Session 1: June 6 – June 29

[8 Classes] Fee: \$40.00 member \$60.00 non-member

5:30 PM to 6:00 PM

1. Parent Child Aquatics Ages 6 months-3y

6:15 PM to 6:45 PM

1. Learn to Swim Level 1 Ages 4-6

Session 2: July 6 – August 1

[8 Classes] Fee: \$40.00 member \$60.00 non-member

5:30 PM to 6:00 PM

1. Parent Child Aquatics Ages 6 months -3

6:15 PM to 6:45 PM

2. Learn to Swim Level 1 Ages 4-6