

October 2023 Indoor Pool Schedule

lane	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						lane						
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6							
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*The pool and spa will close 15 minutes prior to a scheduled event.

**Closed swim is for organized classes, approved swim lessons and water therapy.

: Organized activities (lane availability varies) : CAST swim practice info@ cast@abingdon-va.gov