

WHAT THEY'LL LEARN

THE LEARN-TO-SWIM PROGRAM FOCUSES ON BUILDING SKILLS ONE STEP AT A TIME. BY ALLOWING SWIMMERS TO MASTER ONE ELEMENT BEFORE MOVING ON TO THE NEXT, OUR KID'S SWIM CLASSES MAKE BUILDING CONFIDENCE IN THE WATER EASY.

TO ADVANCE TO THE NEXT LEVEL, THE FOLLOWING SKILLS MUST BE COMPLETED:

LEVEL 1: INTRO TO WATER SKILLS
STUDENTS WILL LEARN TO FEEL COMFORTABLE IN THE WATER AND SAFELY ENJOY IT.

LEVEL 2: FUNDAMENTALS OF AQUATIC SKILLS
CHILDREN WILL LEARN BASIC SWIMMING SKILLS.

LEVEL 3: STROKE DEVELOPMENT
ADDITIONAL GUIDED PRACTICE WILL HELP STUDENTS IMPROVE THEIR SKILLS.

LEVEL 4: STROKE IMPROVEMENT
KIDS WILL GAIN CONFIDENCE DURING SWIM LESSONS, IMPROVE THEIR STROKE; AND GAIN ADDITIONAL AQUATIC SKILLS.

LEVEL 5: STROKE REFINEMENT
GUIDANCE ALLOWS KIDS TO REFINED THEIR STROKES AND BECOME MORE EFFICIENT SWIMMERS.

LEVEL 6: SWIMMING AND SKILLS PROFICIENCY
STUDENTS WILL LEARN TO SWIM WITH EASE AND EFFICACY, AND GAIN THE ABILITY TO SWIM SMOOTHLY OVER GREATER DISTANCES.



For a water safe
world

REGISTRATION OPENS
MONDAY, APRIL 15 - ONLINE
& IN- PERSON STARTS AT
8:00 AM - PHONE
REGISTRATION AT 10:00AM

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**SWIMMING
LESSONS
2024**



DAY SESSIONS

MONDAY - THURSDAY

SESSION 1: JUNE 3 - 13

MONDAY - THURSDAY

1:00 PM - 1:30 PM

- LEVEL 1 AGES 4-6 A **FULL**
- * LEVEL 1/2 AGES 4-6
- LEVEL 1/2 AGES 10-12

1:45 PM - 2:15 PM

- LEVEL 2 AGES 7-9 **FULL**
- LEVEL 1 AGES 4-6 **FULL**
- LEVEL 1 AGES 7-9 **FULL**

2:30 PM - 3:00 PM

- LEVEL 2 AGES 10-12
- LEVEL 1 AGES 4-6
- LEVEL 3 AGES 7-9 **FULL**

SESSION 2: JUNE 17 - 27

MONDAY - THURSDAYS

1:00 PM - 1:30 PM

- LEVEL 1 AGES 4-6
- PARENT AND CHILD 6 MONTHS - 3Y

1:45 PM - 2:15 PM

- * LEVEL 1&2 AGES 7-9
- LEVEL 1 AGES 4-6

2:30 PM - 3:00 PM

- * LEVEL 2 AGES 4-6 **FULL**
- * LEVEL 1&2 AGES 4-6



SESSION 3: JULY 8 - 18

MONDAY - THURSDAY

1:00 PM - 1:30 PM

- * LEVEL 2&3 AGES 7-9
- LEVEL 2 AGES 10-12
- LEVEL 1 AGES 4-6

1:45 PM - 2:15 PM

- LEVEL 2 AGES 4-6
- LEVEL 1/2 ADULT
- LEVEL 1 AGES 4-6

2:30 PM - 3:00 PM

- * LEVEL 1 AGES 4-6 A
- * LEVEL 1/2 AGES 4-6
- * LEVEL 1&2 AGES 7-9

SESSION 4: JULY 22 - AUG 1

MONDAY - THURSDAY

1:00 PM - 1:30 PM

- LEVEL 1 AGES 4-6 A
- LEVEL 1 AGES 4-6 B
- PARENT AND CHILD 6 MONTHS - 3Y

1:45 PM - 2:15 PM

- * LEVEL 3 AGES 10-12
- LEVEL 1 AGES 4-6
- * LEVEL 1&2 AGES 7-9

2:30 PM - 3:00 PM

- LEVEL 1 AGES 4-6 A
- LEVEL 1 AGES 4-6 B
- LEVEL 2 AGES 4-6

EVENING SESSIONS

MONDAY & WEDNESDAY

SESSION 1: JUNE 3 - 26

MONDAY & WEDNESDAYS

5:30 PM - 6:00 PM

- LEVEL 1 AGES 4-6 **FULL**
- * LEVEL 1&2 AGES 7-9

6:15 PM - 6:45 PM

- LEVEL 1 AGES 4-6 A
- * LEVEL 1/2 AGES 4-6

7:00 PM - 7:30 PM

- * LEVEL 1/2 AGES 4-6
- PARENT AND CHILD 6 MONTHS-3Y

SESSION 2: JULY 8 - 31

MONDAY & WEDNESDAYS

5:30 PM - 6:00 PM

- LEVEL 1 AGES 4-6
- LEVEL 2 AGES 4-6

6:15 PM - 6:45 PM

- LEVEL 1 AGES 4-6
- LEVEL 1 AGES 7-9

7:00 PM - 7:30 PM

- LEVEL 1 AGES 4-6
- PARENT AND CHILD 6 MONTHS- 3Y

UPDATED 4/15/24

* Denotes a change to original class