11

WHAT THEY'LL LEARN

THE LEARN-TO-SWIM PROGRAM
FOCUSES ON BUILDING SKILLS ONE STEP
AT A TIME. BY ALLOWING SWIMMERS
TO MASTER ONE ELEMENT BEFORE
MOVING ON TO THE NEXT, OUR KID'S
SWIM CLASSES MAKE BUILDING
CONFIDENCE IN THE WATER EASY.

TO ADVANCE TO THE NEXT LEVEL, THE FOLLOWING SKILLS MUST BE COMPLETED:

LEVEL 1: INTRO TO WATER SKILLS STUDENTS WILL LEARN TO FEEL COMFORTABLE IN THE WATER AND SAFELY ENJOY IT.

LEVEL 2: FUNDAMENTALS OF AQUATIC SKILLS CHILDREN WILL LEARN BASIC SWIMMING SKILLS.

LEVEL 3: STROKE DEVELOPMENT ADDITIONAL GUIDED PRACTICE WILL HELP STUDENTS IMPROVE THEIR SKILLS.

LEVEL 4: STROKE IMPROVEMENT KIDS WILL GAIN CONFIDENCE DURING SWIM LESSONS, IMPROVE THEIR STROKE; AND GAIN ADDITIONAL AQUATIC SKILLS.

LEVEL 5: STROKE REFINEMENT GUIDANCE ALLOWS KIDS TO REFINE THEIR STROKES AND BECOME MORE EFFICIENT SWIMMERS.

LEVEL 6: SWIMMING AND SKILLS
PROFICIENCY
STUDENTS WILL LEARN TO SWIM WITH
EASE AND EFFICACY, AND GAIN THE
ABILITY TO SWIM SMOOTHLY OVER
GREATER DISTANCES.



For a water safe

World

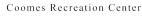
REGISTRATION OPENS
MONDAY, APRIL 15 - ONLINE
& IN- PERSON STARTS AT
&:00 AM - PHONE
REGISTRATION AT 10:00AM



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SWIMMING LESSONS 2024





SESSION 1: JUNE 3 - 13 MONDAY - THURSDAY

1:00 PM - 1:30 PM

AGES 4-6 A FULL

LEVEL 1 AGES 4-6 AGES 4-6 AGES 4-6 AGES 4-6 AGES 10-12 AGES 4-6

1:45 PM - 2:15 PM

• LEVEL 2 AGES 7-9 FULL

AGES 4-6 FULL AGES 7-9 FULL • LEVEL 1

• LEVEL 1

2:30 PM - 3:00 PM

AGES 10-12 • LEVEL 2

• LEVEL 1 AGES 4-6

AGES 7-9 FULL • LEVEL 3

SESSION 2: JUNE 17 -27 MONDAY - THURSDAYS

1:00 PM - 1:30 PM

LEVEL 1 AGES 4-6
PARENT AND CHILD 6MONTHS - 3Y

1:45 PM - 2:15 PM

* • LEVEL 182 AGES 7-9

• LEVEL 1 AGES 4-6

2:30 PM - 3:00 PM

• LEVEL 2 AGES 4-6 FULL • LEVEL 182 AGES 4-6





SESSION 3: JULY 8 - 18 MONDAY - THURSDAY

1:00 PM - 1:30 PM • LEVEL 283

AGES 7-9

• LEVEL 2 • LEVEL 1 AGES 10-12

AGES 4-6

1:45 PM - 2:15 PM

• LEVEL 2 **AGES 4-6**

• **LEVEL 1/2**

ADULT AGES 4-6 • LEVEL 1

2:30 PM - 3:00 PM

AGES 4-6 A • LEVEL 1

<- LEVEL 1/2 AGES 4-6

• LEVEL 182 **AGES 7-9**

SESSION 4: JULY 22 - AUG 1 MONDAY - THURSDAY

1:00 PM - 1:30 PM

• LEVEL 1 AGES 4-6 A

• LEVEL 1 AGES 4-6 B

• PARENT AND CHILD 6 MONTHS - 3Y

1:45 PM - 2:15 PM

• LEVEL 3 AGES 10-12

• LEVEL 1 AGES 4-6

* LEVEL 182 **AGES 7-9**

2:30 PM - 3:00 PM

• LEVEL 1 AGES 4-6 A

• LEVEL 1 AGES 4-6 B

• LEVEL 2 **AGES 4-6**

EVENING SESSION MONDAY & WEDNESDAY

SESSION 1: JUNE 3 - 26 MONDAY & WEDNESDAYS

5:30 PM - 6:00 PM

• LEVEL 1 AGES 4-6 FULL

LEVEL 182 AGES 7-9

6:15 PM - 6:45 PM

• LEVEL 1 AGES 4-6 A

LEVEL 1/2 AGES 4-6

7:00 PM - 7:30 PM

LEVEL 1/2 AGES 4-6
PARENT AND CHILD 6MONTHS-3Y

SESSION 2: JULY 8 - 31 MONDAY & WEDNESDAYS

5:30 PM - 6:00 PM

• LEVEL 1 **AGES 4-6** • LEVEL 2 AGES 4-6

6:15 PM - 6:45 PM

• LEVEL 1 AGES 4-6

• LEVEL 1 **AGES 7-9**

7:00 PM - 7:30 PM

• LEVEL 1 **AGES 4-6**

PARENT AND CHILD 6 MONTHS—3Y

UPDATED 4/15/24

