

## What They'll Learn

The Learn-to-Swim program focuses on building skills one-step at a time. By giving swimmers the opportunity to master one element before moving on to the next, our kid's swim classes make it easy to build confidence in the water.

During their lessons, children will spend time on the following six levels:

### **Level 1: Intro to Water Skills**

Students will learn how to feel comfortable in the water and safely enjoy it.

### **Level 2: Fundamentals of Aquatic Skills**

Children will learn basic swimming skills.

### **Level 3: Stroke Development**

Additional guided practice will help students improve their skills.

### **Level 4: Stroke Improvement**

Kids will gain confidence during swim lessons, improve their stroke; and gain additional aquatic skills.

### **Level 5: Stroke Refinement**

Guidance allows kids to refine their strokes and become swimmers that are more efficient.

### **Level 6: Swimming and Skills Proficiency**

Students will learn to swim with ease and efficacy, and gain the ability to swim smoothly over greater distances.



**Day Sessions**  
**Monday – Thursday**

**Evening Sessions**  
**Monday and Wednesday**

**8 Classes**  
**\$40.00 Members**  
**\$60.00 Non-Members**

Classes will be limited to the first 6 students enrolled with the exception of the Parent and Child swimming lessons, which will take 10 students.

## Day Session 1: June 5- June 15

Monday – Thursday

### 1:00 PM – 1:30 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9
- Learn to Swim Level 1&2 Ages 9-12

### 1:45 PM – 2:15 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9
- Learn to Swim Level 2 Ages 4-6

### 2:30 PM – 3:00 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 3 Ages 7-9

## Day Session 2: June 19-June 29

Monday – Thursday

### 1:00 PM – 1:30 PM

- Learn to Swim Level 1 Ages 4-6
- Parent & Child 6 Months – 3 Years
- Learn to Swim Level 1 Ages 7-9

### 1:45 PM – 2:15 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9
- Learn to Swim Level 1 Ages 4-6

### 2:30 PM – 3:00 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 2 Ages 9-12
- Learn to Swim Level 3 Ages 9-12

## Day Session 3: July 10- July 20

Monday – Thursday

### 1:00 PM - 1:30 PM

- Learn to Swim Level 1 Ages 4-6
- Parent & Child 6 months – 3years

### 1:45 PM – 2:15 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9

### 2:30 PM – 3:00PM

- Learn to Swim Level 3 Ages 7-9
- Learn to Swim Level 1 Ages 4-6

## Day Session 4: July 24- August 3

Monday – Thursday

### 1:00 PM – 1:30 PM

- Learn to Swim Level 2 Ages 4-6
- Learn to Swim Level 3 Ages 9-12
- Learn to Swim Level 1 Ages 4-6

### 1:45 PM – 2:15 PM

- Learn to Swim Level 2 Ages 4-6
- Learn to Swim Level 2 Ages 9-12
- Learn to Swim Level 1 Ages 4-6

### 2:30 PM – 3:00 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 2 Ages 7-9
- Learn to Swim Level 3 Ages 9-12

## Evening Session 1: June 5- June 28

Monday & Wednesday

### 5:30 PM – 6:00 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9

### 6:15 PM - 6:45 PM

- Parent & Child 6 months – 3 years
- Learn to Swim Level 1 Ages 7-9

### 7:00 PM – 7:30 PM

- Learn to Swim Level 1 Adult (15+)
- \*Learn to Swim Level 1 Ages 4-6\*

## Evening Session 2: July 5 – July 31

Monday & Wednesday

### 5:30 PM – 6:00 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9

### 6:15 PM - 6:45 PM

- Parent & Child 6 months – 3 years
- Learn to Swim Level 1 Ages 7-9

### 7:00 PM – 7:30 PM

- Learn to Swim Level 1 Ages 4-6
- Learn to Swim Level 1 Ages 7-9

**Highlighted Classes are full.**

**\*Class Change\***

